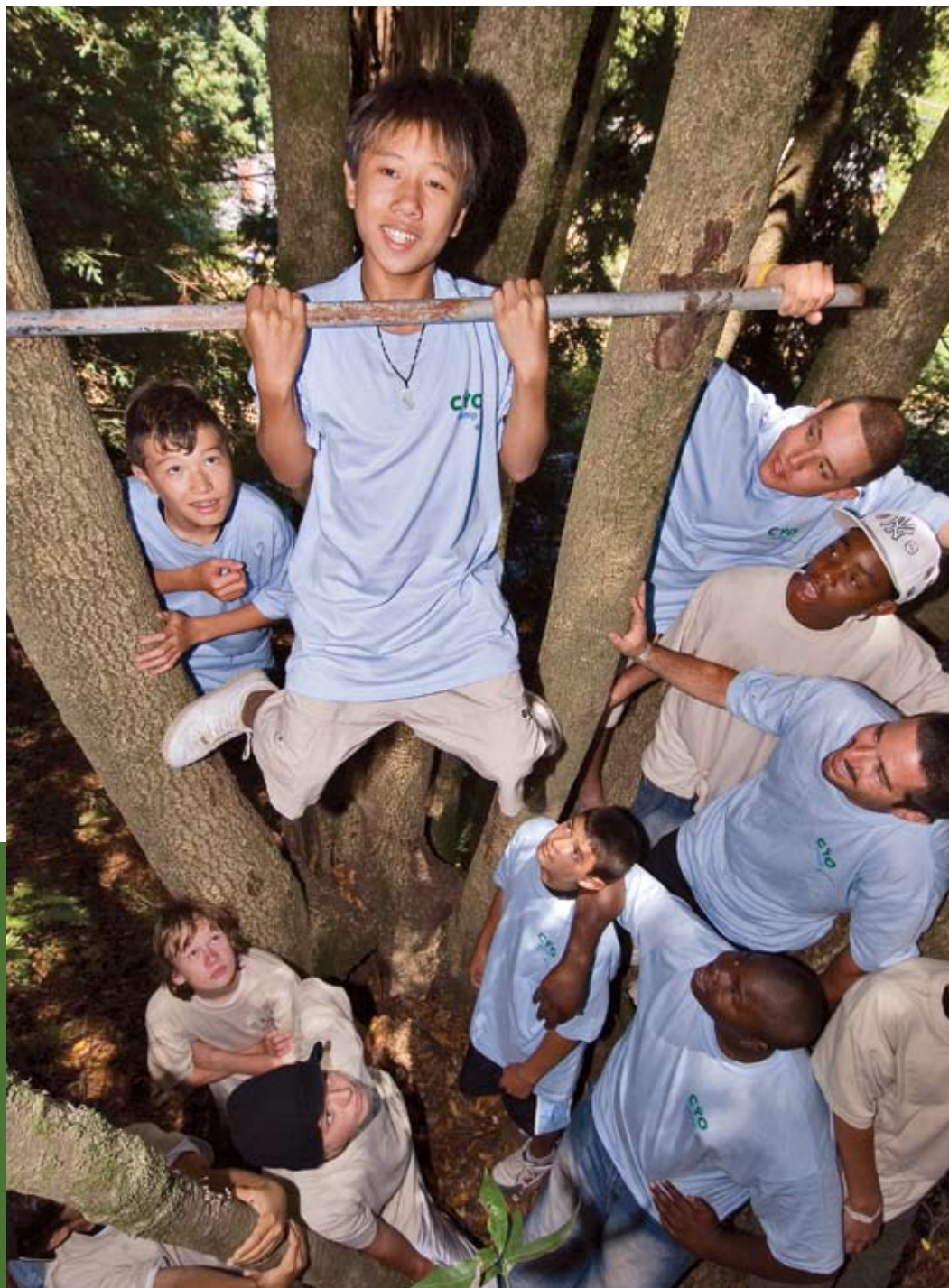


CYO today



Catholic Charities CYO

Issue 2, Number 2 Fall 2006



raising the bar

INSIDE

New Co-ed Volleyball p4

2007 Summer Camp Dates p5

Caritas Creek Service Corps p6

new@
CYO



CYO athletics

Coaching Clinic

CYO 112 coaches assembled at St. Emydius Gym on November 19 for CYO Athletics' first basketball Coaching Clinic. These coaches generously donated their time to share their coaching experience, offering tips on fundamental skills, drills, offensive and defensive concepts, and how to conduct a practice. We were honored to have four speakers from our local Catholic high schools: **Frank Allocco**, De La Salle High School; **John Perez**, Sacred Heart Cathedral Preparatory; **Chuck Rapp**, Junipero Serra High School and **Tim Reardon**, Saint Ignatius College Preparatory.

Coaches were given an excerpt from James Penrice's, *The Ministry of Coaching* about the importance of their roles in the lives of the children they serve. **A Girls' Basketball Coaches' Clinic will be held on February 27.**

"A coach has an amazing capability to touch the lives of players that other people don't possess. A coach gains the immense reward of knowing he has been a link between players and their OWNER, participating in The Game's most blessed union in an awesome way."



Volunteer!

CYO Athletics is looking for volunteers to help coach and support our mission of healthy growth and development through organized team sports leagues. If you are interested in volunteering to coach within our summer volleyball, basketball, or seasonal sports camps, please contact **Joann Dillon**, CYO Athletics Coordinator in San Francisco, at 415.406.2371 or jdillon@cccyo.org.

2007 Achievement Series

Boys' Basketball February 23
Girls' Basketball May 7

CYO ATHLETICS

New CYO Gym at St. Emydius

Renovations are complete at the Father O'Reilly Parish Center at **St. Emydius** in San Francisco's Ingleside District and the newly refurbished facility and gym kicked off with volleyball games in November. To augment the new facility, two new part-time gym directors will assist **Courtney Johnson**, Director of CYO Athletics, with program development and running the gym.

Renovations at the St. Emydius gym include replacing the existing floor, adding new bathrooms and bleacher seating, and constructing a state-of-the-art concession stand featuring CYO apparel. The gym is outfitted with new baskets with adjustable rims, new backboards and scoreboard, and new volleyball equipment.

CYO acquired use of St. Emydius' gym after the parish had to close its school. Working closely with St. Emydius pastor, **Fr. Bill Brady**, we were able to negotiate use of the gym in exchange for renovating the gym and hiring CYO staff to run it. The St. Emydius gym is open to all CYO Athletics programming and leagues. CYO Athletics is open to all youth that attend parochial schools and/or reside within parish boundaries.

Visit the CYO website for gym hours and activities at cyo.cccyo.org.

There is so much that is new to CYO programs! The new CYO website that provides easy access to CYO Athletics, CYO Camp, and CYO Transportation, the new summer volleyball league, the new CYO gym in San Francisco's Ingleside District and even more exciting changes are underway at CYO Camp, such as the new Caritas Creek Service Corps for high school graduates.

NEW CYO WEBSITE cyo.cccyo.org

The **CYO Athletics** portion of the site, cyo.cccyo.org, features a complete schedule of games for San Francisco and Marin, rules and regulations for each sport, volunteer opportunities, a year-long calendar reflecting the dates of each sport season, play-offs, upcoming leagues, and events – such as Achievement Series, coaches clinic and officials clinic, and CYO Family Day. You'll also find maps and directions to game locations and contact information.

In-depth **CYO Camp** pages feature summer camp session dates where you can enroll in summer camp online, search and apply for jobs, tour a photo gallery of CYO programs, browse upcoming special CYO events, or find out how to volunteer and/or make a donation to CYO Camp.

CYO Transportation can also be accessed via the new site. Information on routes, bus equipment, safety issues, client testimonials and contact information for booking bus charters are now just a click away.

Visit cyo.cccyo.org today to learn more about existing CYO programs and keep up-to-date with new program offerings within CYO.

NEW CYO ATHLETIC OPPORTUNITIES

at Pickleweed Park Community Center in San Rafael

Pickleweed Park Community Center in the Canal neighborhood of San Rafael has opened its new gymnasium, and Catholic Charities CYO's **Canal Family Support Program** has a new office in the recently inaugurated facility. In addition to running the year-round **CYO Kids Club** program at Pickleweed, Program Director **Carlos Garcia** is working with CYO Athletics to offer boys' and girls' basketball teams based in the Canal, with games held in the new gym. This summer, CYO Athletics in Marin and CYO Kids Club organized sports camps and a basketball clinic for 75 kids from the Canal area, and CYO Kids Club is continuing its work with the city of San Rafael to develop programming that addresses the needs of the surrounding community.

THANKS TO OUR CYO SUPPORTERS

Mr. Nicholas Andrade
The Melinda Gray Ardia Environmental Foundation
Mr. Jeffrey J. Bairstow
Mr. and Mrs. Scott A. Bedford
Mr. and Mrs. Jack R. Bertges
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Ms. Christine Gil
The Guardsmen
Hanson, Bridgett, Marcus, Vlahos & Rudy, LLP

Mr. and Mrs. Robert Keyes
Lakeside Foundation
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Mr. and Mrs. Frank B. Noonan
Ms. Linda Paroli-Klug
In Memory of Mr. Robert Paroli
Mr. and Mrs. Joseph N. Picetti
Mr. and Mrs. John Prewitt
Ms. Nancy A. Reardon
In Memory of Mr. James J. Reardon
St. Ignatius Church
Mr. Alexandre Tchikovani
Team Up for Youth
Toyota Motor Sales, USA, Inc.
Y & H Soda Foundation





New Co-Ed Volleyball League Serves Up a Success!

By Courtney Johnson, Director, CYO Athletics

Thanks to funding from Team-Up for Youth, CYO Athletics organized a 7-week co-ed recreational summer volleyball league in June and July. Participants signed up through CYO and were placed on teams based on their grade, allowing us to create diverse teams with participants playing with kids from different parishes and neighborhoods. This atmosphere fostered relationships between teammates in a non-competitive environment.

The league, playing under CYO rules, consisted of one practice and two games per week with no play-offs. Some fun facts, highlights and accomplishments from our first summer league:

- ▶ 371 participants played on 32 teams
- ▶ 35 boys and 336 girls participated
- ▶ 32 schools were represented
- ▶ teams were organized into 3 divisions: grades 3-4, 5-6, and 7-9
- ▶ each team played 11 games
- ▶ games and practices were held at three parish gyms (Epiphany, St. Anne's and Mission Dolores) and the CYO gym at Serramonte
- ▶ 38 volunteer coaches supported the league
- ▶ every participant received a t-shirt as their uniform
- ▶ all participants received a medal of participation at the closing ceremony on July 28
- ▶ schedules, standings, rules, and directions were posted online at cyo.cccyo.org

Plan ahead for the 2007 summer recreation leagues!

Volleyball Registration Deadline: May 18 League Play: June 4–July 6

Basketball Registration Deadline: May 18 League Play: July 2–August 3

For more information about playing or volunteering to coach in CYO's summer Recreation League, contact Joann Dillon, Athletics Coordinator for San Francisco at jdillon@cccyo.org or 415.406.2371. Visit CYO's website to stay informed of program offerings at cyo.cccyo.org.

By Paul Raia, Director, CYO Summer Camp



In the 2005-06 academic year and in summer 2006, CYO Camp served 5,000 young people from all over the Bay Area through Caritas Creek Environmental Education Program and CYO Summer Camp. Through creative, intentional programming and the dedication of staff, CYO Camp fulfilled its mission of providing a meaningful outdoor recreational experience that encourages human development through a connection to self, others, nature, and God.

CYO Summer Camp offered individual choice "super selectives" in the areas of dance, theatre, art, and sports. This new programming empowers campers to set their own course and gives them the opportunity to hone their skills in a chosen area with the help of an expert.

2006 also marked the kick-off of two new living units at CYO Summer Camp: "Freestone" for 9-11 year-olds and "Middle Earth" for 12-13 year-olds.

CYO Summer Camp boosted program quality by lowering the number of children on-site during each of six summer sessions. This positive change translated into less impact on the natural environment, better staff-to-camper ratio, and more staff resources available to deliver core program content.

CYO CAMP 2007 SESSIONS

- | | | |
|---|------------------|------------------|
| 1 | June 27 - July 6 | (10-day session) |
| 2 | July 9-18 | (10-day session) |
| 3 | July 21-30 | (10-day session) |
| 4 | August 2-11 | (10-day session) |

707.874.0240

www.cyocamp.org

Camperships Send Financially Needy Kids to Camp

For over 60 years, **The Guardsmen** have been making it possible for low-income youth from every pocket of the San Francisco Bay Area to attend CYO Summer Camp in the Sonoma county town of Occidental. Over the course of these six decades, approximately 39% of the 1,200 youth who come to Camp to learn, grow and have fun each summer have done so as result of Guardsmen-sponsored camperships. It is profound to reflect upon the fact that, **thanks to the generosity and philanthropy of The Guardsmen, more than 30,000 kids have been able to attend CYO Camp!**

A total of 1,189 campers attended CYO Summer Camp in 2006, including more than 333 low-income youth who received financial assistance in the form of Guardsmen camperships. CYO Camp sincerely thanks The Guardsmen for their outstanding history of support and partnership with CYO, and for making it possible to send financially needy kids to camp this year.

Our special thanks to the following foundations and donors, who provided additional financial aid to low-income campers in summer 2006.

- Social Ministries Outreach Fund, St. Ignatius Church:** \$6,000
- Lakeside Foundation:** \$5,000
- Y&H Soda Foundation:** \$5,000
- McKesson Foundation:** \$2,500



Caritas Creek

Service Corps



This summer Caritas Creek Service Corps (CCSC) launched recruitment efforts for highly motivated, hard-working high school graduates. Members of the newly formed CCSC provide supervision to cabin groups of eight 5th-8th grade students during 24 program weeks that serve 76 different public and parochial schools from 10 school districts throughout the Bay Area.

Service Corps staff members participate in two weeks of training in First Aid/CPR, child development and an orientation to the hands-on environmental education curriculum that Caritas Creek provides to over 3,000 elementary and middle-school students each year.

The spring session consists of 14 program weeks from January 16 to May 18, 2007. Program weeks begin at 12:00 p.m. on Monday and conclude at noon on Friday.

As cabin group leaders, CCSC members are responsible for creating a safe, caring, and fun environment in their respective cabin group, becoming acquainted with each camper individually, and fostering a sense of community and fellowship among cabin mates. Service Corps members must learn, uphold, and reinforce all rules, requirements, and values of the

program in order to establish a safe and secure environment for the cabin group in their care. Some members of the CCSC have worked their way up through graduating levels of responsibility and leadership that CYO Camp programs offer. All CCSC members role model respect for each camper and all members of the larger CYO Camp community.

Paul Raia, Director of CYO Camp programs, adds, "In this new structure, opportunities abound for personal growth and development for both the Service Corps Cabin Leaders and individual cabin members. CCSC Cabin Leaders fill a critical role in our staff pattern, are central to the success of our program overall, and infuse our program with the quality for which our program is known." In addition to providing invaluable leadership to their cabin group, the cabin leaders support the teacher naturalists as assistants while hiking on trails, implementing activities, and facilitating discussions during the five program days.

Caritas Creek Service Corps is hiring 24 staff members for Spring 2007 sessions. Find more information online at www.cyocamp.org/caritascreek or contact the Caritas Creek Service Director at 707.874.1207 or leadership@cccyo.org.

Benefits of the Caritas Creek Service Corps Experience

- ▶ Acquire skills in group management, conflict mediation and cooperative learning
- ▶ Gain experience as a leader and a teacher
- ▶ Become certified in American Red Cross first aid and CPR
- ▶ Further your professional development through constructive feedback from qualified administrators and teacher naturalists
- ▶ Explore educational and vocational options and take steps toward advancing your college or university degree
- ▶ Receive food, housing, transportation to and from the site, and a stipend of \$200.00 per week during program weeks
- ▶ Serve as a role model and leader to younger generations of campers and give back some of the formative experiences and lessons you've learned



CYO

transportation

Kevin McCarthy, CYO Transportation employee since 1985

Kevin McCarthy has been working for CYO Transportation for 21 years. "I worked at CYO Camp from 1983 to 1985. At that time, **Pat Sammon** was the Camp director. I went to high school with Pat and played soccer with him at St. Ignatius. He suggested I consider becoming a bus driver because he knew I enjoyed working with kids," Kevin explains.

For the next seven years, Kevin was a school bus driver for CYO. In 1992, he decided to immerse himself in different aspects of CYO Transportation as a dispatcher, route coordinator, and staff coordinator. Seven years ago, he returned to driving because, according to Kevin, "I like being outdoors where my "office" is constantly changing, where I get to interact with different people, and I can share my knowledge of San Francisco and the Bay Area with students who are eager to learn about their surroundings."

As a CYO school bus driver, Kevin transports everyone from Head Start kids all the way up to high school students. His favorite age group is Head Start through third grade. "They look up to you, and they're enthusiastic about riding the bus and seeing new things. I also enjoy driving kids from urban areas to trips outside the City. I go out of my way to highlight places they haven't seen before since their opportunities to get out and about are limited," he said.

If you someday get the chance to ride on a CYO school bus with Kevin, you might be lucky enough to pause on Hawk Hill on a return trip from the Marin Headlands. Instead of going through the tunnel, Kevin's bus will take the scenic route, with breathtaking views of San Francisco and the Golden Gate Bridge. He'll even point out the hawks and other birds of prey using the thermals (warm and cool air layers rising from the ocean) to soar and float in the air.

"I've driven so many kids over the last 20 years that some still come up to me 10 years later and know me by name. Their parents will remember me, too, and say, 'You used to drive my kid on field trips and now you'll be driving our youngest to school this fall!' I suppose that's what keeps me interested as a driver, knowing that you made a positive impression on the kids, and that because of you they had a good experience riding a CYO school bus."



CYO CALENDAR

december

1-18.....
The Guardsmen Christmas Tree Lot
 Opens at Fort Mason Festival Pavilion at the intersection of Marina Boulevard and Buchanan Street in the Marina District. All proceeds benefit at-risk youth in the Bay Area. Info: 415.856.0939

february

6-22.....
Boys' Basketball Playoffs
 Schedules and locations @ cyo.cccyo.org

25.....

Loaves & Fishes Sunday
 Once per year, all parishes in the Archdiocese of San Francisco take a special collection on this day for the benefit of Catholic Charities CYO programs. Because Catholic Charities CYO is not funded directly from the Archdiocese, we ask that you please attend mass and give as generously as possible during this special collection. Info: 415.972.1227

march

2.....
Girls' Basketball League play begins
 Schedules and locations @ cyo.cccyo.org

april

21.....
10th Annual Loaves & Fishes Awards Dinner
 Reception, dinner and awards ceremony at the Ritz-Carlton raises vital funds for Catholic Charities CYO programs. Info: 415.972.1233

may

7.....
48th Annual CYO Golf Day
 Raises money for CYO Camp and a great day of golf at two beautiful courses: Stanford University Golf Course, and Sharon Heights Golf & Country Club. Info: 415.972.1233

8-23.....
Girls' Basketball Playoffs
 schedules and locations @ cyo.cccyo.org

48TH ANNUAL CYO GOLF DAY



PLEASE JOIN US FOR A
GREAT DAY ON THE LINKS AND
HELP US RAISE ESSENTIAL
FUNDS FOR CYO CAMP

MAY 7, 2007

SHARON HEIGHTS GOLF & COUNTRY CLUB
STANFORD UNIVERSITY GOLF COURSE

INFO: 415.972.1233

Catholic Charities CYO Programs

San Francisco County **Family & Children's Services** Adoption Information and Referral • Assisted Housing and Health Programs • Children's Village Child Development Center • CYO Athletics – San Francisco • Guerrero House • Homelessness Prevention Programs • Immigration and Refugee Services • Mission Day Care • Richmond Hills Family Center • San Francisco Counseling Services • San Francisco Boys' and Girls' Homes • St. Joseph's Family Center • Treasure Island Supportive Housing **Senior Services** Alzheimer's Day Care Resource Center • OMI Senior Center • San Francisco Adult Day Support **HIV/AIDS Services** Derek Silva Community • Leland House • Peter Claver Community • Rita da Cascia **Marin County Family & Children's Services** Canal Family Support Program • CYO Athletics – Marin • Marin County Counseling Services • St. Vincent's Foster Family Agency • St. Vincent's School For Boys **Senior Services** Marin Aging Services • Meals on Wheels **San Mateo County Family & Children's Services** San Mateo County Counseling **Senior Services** San Carlos Adult Day Support • Meals on Wheels • **Archdiocese-wide** Caritas Creek Environmental Education • CYO Retreat Center • CYO Summer Camp • CYO Transportation • Geriatric Care Management • Information and Referral • Parish and Community Response



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