



CYO TODAY



FALL 2005, no. 2

CYO ATHLETICS: BUILDING STRONG FUTURES

Amazing things happen to young people when you place them in strong, well-managed athletic programs. They begin to see possibilities for their lives that they may not have known existed. They develop skills they didn't know they had. And most importantly, they develop a clear sense of themselves that becomes the hallmark of a strong future.

CYO Athletics helps youth realize their potential, modeling for the Bay Area the highest and most ethical standards of sportsmanship and camaraderie as a foundation for building skills. CYO activities engage the whole community: children, parents, coaches, referees, athletic directors, pastors, principals, teachers and counselors.

CYO is committed to providing an opportunity for all eligible children to participate in team sports. Our programs provide linkage to parish-based, community center sports and after-school programs.

CYO Athletics in San Francisco provides a school-year program to 38 parish schools, 12 of which are inner-city schools. CYO Athletics also serves several non-parish schools and youth-serving agencies, including the Jewish Community Center of San Francisco, San Francisco School, San Francisco Waldorf School, Town School for Boys, Cathedral School for Boys, and the Telegraph Hill Neighborhood Center.



CYO Athletics in San Francisco also offers a boys' and girls' track meet (Memorial Day Weekend), and a boys' and girls' cross country meet (October).

"CYO Athletics in San Francisco is very fortunate to have a tremendous amount of dedicated mentors throughout the various parishes and schools – investing their time in the youth of our communities", explains Director **Joann Dillon**.

"These mentors are promoting and encouraging the development of character, and passing along positive values to children through CYO sports. It is because of these individuals that we are able to accommodate each and every child interested in participating in CYO sports."

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IT'S NOT ABOUT THE FINAL SCORE

When Catholic Charities and CYO merged in 2003 it was actually a reunification, since CYO had previously been a part of Catholic Charities in the 1930s until it spun off on its own in the 1950s.



We brought Catholic Charities and CYO together again for three reasons; to increase collaboration and effectiveness in the delivery of services; to get back to serving and supporting our parishes, and to save administration costs. Today, Catholic Charities CYO provides social services to families as well as to aging and disabled adults. We also provide opportunities for

healthy growth and development for children and youth. Our recently completed strategic plan emphasizes parish response and focusing on how to best deliver services.

As a consequence of the strategic plan, we are placing great emphasis on enhancing the breadth, depth and impact of CYO Athletics and renewing our commitment to our services to the Parish Community. The current success of CYO Athletics is testimony to the commitment, passion and generosity of a legion of volunteer Board Members, Athletic Directors, Coordinators and Coaches, and the great long-time work of our Directors – **Steve Farbstein** in Marin and **Joann Dillon** in San Francisco, who have done a tremendous job with scarce resources.

We want to build on that success by putting resources

behind the CYO Athletic programs that serve the Parish Community. During the past four and a half years **Marty Rea**, who has been the Director of all CYO Programs including Athletics, has done an amazing job working with Joann and Steve to acquire new gyms, raise funds to support CYO parish programs, and started CYO Family Day at Raging Waters. Marty also worked with our Development and Communications staff to begin to enhance the CYO image.

To continue this effort, we are resolved to put more resources into CYO Athletics, develop CYO Community Centers – a mix of social services and sports programs, look for additional ways to involve youth in athletics and other related activities, and tie all this as closely as possible to parish life. To meet these goals we are creating a CYO Athletic Director position to support and enhance the great work being done, to partner with **Mary Schembri**, **Rory Desmond**, and our Parish and Community Response staff in order to build strong relationships, and to partner with our Development staff to secure financial support and tell our story to past and present CYO Athletics participants.

CYO activities are not just about the final score. They're about positive coaching, sportsmanship for children and their parents, learning to live together in a diverse community, maximizing our talents, and fostering the physical, intellectual, emotional and spiritual domain in each of us.

This is an exciting time for both Catholic Charities CYO and CYO Athletics.

Brian Cahill
Executive Director

CCCYO: Ready to Assist Hurricane Katrina Victims

Over the three-day Labor Day weekend, a dozen of our dedicated bus drivers and office staff from **CYO Transportation** waited patiently on standby to be dispatched to Moffett Field, Travis Air Force base or San Francisco International Airport to pick up and transport Gulf Coast residents displaced by Hurricane Katrina. Catholic Charities CYO Program Staff also dedicated their time to set up a temporary shelter for 300 at St. Mary's Cathedral. Although the Cathedral did not receive overnight guests, over 600 families were processed and on the way to begin rebuilding their lives.



Glenn Motola and Tere Brown help set up cots in the temporary shelter.

RAGING WATERS

Raging Waters in San Jose was reserved exclusively for CYO Family Day on September 25. Following a 10 am Mass with Father Tom French, President of Archbishop Riordan High School, more than 1,800 excited kids and their parents poured onto the water slides for a day of fun in spectacular weather. Families feasted on a picnic lunch and cooled off with ice cream and sodas throughout the day. Attendees left tired but happy, sporting their free CYO Family Day t-shirts and water bottles.



Mark your calendars now and please join us next year on **Sunday, September 24, 2006** for more spills and thrills.



Calling All CYO Camp Alums!

What do playing volleyball, taking a dip in the pool, the smell of hot dogs on the grill, and reconnecting with old chums have in common? These experiences and more helped make this summer's First Annual CYO Camp Alumni Day on June 19 a great success!

CYO Camp has a special place in the lives of hundreds of campers who have participated in our program over many decades. Our goal is to keep those memories and experiences alive while we blaze new trails among the special group of alumni who share a life-long affinity for CYO Camp.

Exciting plans are already underway for next summer's CYO Camp Alumni Day June 23 – 25, 2006. We are exploring new ideas such as a family camp weekend to give alumni the option of staying for the day or a full weekend. We look forward to rekindling traditions and building a base for future ties among CYO Camp Alumni in summer 2006. To receive more information about CYO Camp Alumni Day, please contact Kathy Swallow at 415.972.1275 or kswallow@cccyo.org.

Save the Date!
CYO Camp Alumni Day
June 23 - 25, 2006



FROM THE CAMP DIRECTOR



the group. You find your spirit lifted simply by being in the presence of young people who impart such a strong commitment to positive philosophies such as reaching out to people who are different from themselves; acting out of love and kindness; resolving conflicts effectively with words; developing an appreciation for nature; accepting a sense of empowerment to activate change in their lives; understanding how all things are connected and that we all have a responsibility to leave a healthy society and environment to future generations.

150 8th graders and 24 high school students are currently learning life lessons and developing vital skills at the Caritas Creek Environmental Education Program.

Over the last 30 years, the Caritas Creek Environmental Education Program has become the highlight of the school year for teachers and students alike for over 90 different elementary and middle schools from all around the Bay Area. This year 3,000 5th-8th grade students and 400 high school students are scheduled to spend five days at Caritas Creek in our intensive learning environment.

Each year over 5,000 children experience significant social, moral, spiritual, emotional, physical and intellectual development in Caritas Creek Environmental Education Program and CYO Summer Camp. I want to thank all of you who have supported CYO Camp throughout the years and assure you that we will continue to provide the best possible programs for our youth.



Paul Raia
CYO Camp Director

CYO Camp has provided Bay Area youth with a safe, healthy summer camp for over 60 years. And now that Catholic Charities CYO has determined CYO Camp is a major strategic priority for the agency, we are focusing our efforts into an aggressive renovation of our facilities and programs.

We create a magical feeling at CYO Camp. If you attend a celebration ceremony, Liturgy, Prayer Service or a closing ritual you will witness the entire camp community uniting to demonstrate how they are deeply impacted by what they learned. You will discover that children glean powerful life-long lessons throughout the camp session and beautifully convey this understanding in groups—through creative presentations and as individuals—sharing their insights in front of the entire camp.

As they articulate how they overcame challenges, made new friends and enjoyed new experiences, you observe a completely infectious excitement in



RENOVATION PLANNING UNDERWAY FOR CYO CAMP

Planning has begun for exciting renovations to CYO's beautiful camp in Occidental. Major reconstruction in the form of eighteen new Miwok cabins, three new bathhouses and new playing fields is planned following the 2006 summer camping season.

Also planned is a new retreat center on the Coyote side, which will be used for meetings and retreats year-round. New and renovated staff housing as well as a new camp entry way are also on the drawing boards.

The last major renovations to Camp in 1994 included the Main Lodge, sports courts and pool, and year-round cabins now used for the Caritas Creek Environmental Education programs. The new capital project, dubbed "Rebuild Miwok," will be funded through individual gifts and foundation grants.

More than 50,000 youth have attended CYO Camp since 1946. Approximately 1,500 campers enroll in summer sessions, with another 3,200 middle-school students benefiting from the Caritas Creek program annually.

For more information about CYO Camp's "Rebuild Miwok" project, please contact Marti Sullivan, Director of Development at 415.972.1291.

CYO GOLF DAY

On the warmest day in recent memory, a record number of golfers arrived at the Stanford Golf Course and Sharon Heights Golf and Country Club on May 2 to play in the 46th Annual CYO Golf Day. This venerable event, the oldest charitable golf tournament in the Bay Area, raises money for CYO Camp.

Every year since 1958, the members of the CYO Golf Day Committee renew their commitment to CYO Camp with the belief that every child is entitled to the simple pleasures of childhood. At the dinner following the tournament, 400 golfers, guests and volunteers listened to current camp counselor "Jack" talk about how his experience as a young camper helped guide him to a healthier emotional life and a successful college career.



Present to show support for the CYO community were Honorary Chair Bill Walsh, Honoree Bob Murphy, Master of Ceremonies Joe Starkey, former Chair Joe Montana, 49ers Coach Mike Nolan, and Ronnie Lott.

Thanks to our top sponsors – AAA, Discovery Land Company, The O'Brien Group, ABD Insurance & Financial Services, Cal-Steam, Celtic Golf Management, Franklin Templeton Investments, Fry's Electronics, Janet & Clint



49er Super Bowl Champions Joe Montana and Bill Ring, who will continue to chair the event next year.



Ronnie Lott and CYO Campers.

Reilly, Plastering Industry Bureau, Inc. and Top Oil Products – the event revenue exceeded \$250,000.00.

Mark your calendar for **May 1, 2006**. For more information call 415.972.1266.



GETTING MORE YOUNG PEOPLE IN THE GAME

CYO Athletics has been working with 12 parish schools to realize Team-Up for Youth's goals of expanding and strengthening the quality of out-of-school sports programs and promoting the healthy development of youth.

With a \$27,500 grant from Team-Up in 2004, CYO Athletics provided equipment and transportation, paid referees, and rented gym space to serve 331 new underserved youth at the 12 designated schools. The 12 schools are: St. Paul Shipwreck, St. Peter, Saint Anthony – Immaculate Conception, Corpus Christi, St. Charles, Sacred Heart-St. Dominic (now Megan Furth Academy), St. James, Mission Dolores, Our Lady of the Visitation, St. Finn Barr, St. Philip, and St. Paul.

In Year 2, we continued working with the 12 schools to encourage participation at the level we see at other schools we serve. Fulfilling Team-Up's goal of "getting more young people into the game" included:

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CYO ATHLETICS BY THE NUMBERS

San Francisco CYO Athletics in 2005

Sport	Number of Teams	Grades	Participants	Season
Girls' Volleyball	250	3 – 8	2,000	September-November
Boys' Soccer	90	3 – 8	1,200	September-November
Boys' Basketball	370	3 – 8	3,000	December-February
Girls' Basketball	340	3 – 8	2,700	March-May
	<u>1,050</u>		<u>8,900</u>	

Marin CYO Athletics in 2005

Sport	Number of Teams	Grades	Participants	Season
Girls' Volleyball	44	5 – 8	440	September-November
Boys' & Girls' Basketball	300	4 – 8	3,000	December-March
Boys' & Girls' Track	6	3 – 8	400	April-May
	<u>350</u>		<u>3,840</u>	



efforts so they can continue to send low-income kids to CYO Camp:

Nov 16	56th Annual Big Game Lunch, Fairmont Hotel
Nov 30 – Dec 18	Guardsmen Christmas Tree Lot, Fort Mason
Dec 2	Guardsmen Tree Lot Opening Party, Fort Mason
Jan 19	Sports Auction, SBC Park
April 22	30th Annual SF Wine Auction, Westin St. Francis
May 26	3rd Annual Guardsmen Bachelor Auction, location TBD

If you'd like to be included in The Guardsmen distribution list, or for more details on these or other events, please visit www.guardsmen.org, e-mail info@guardsmen.org, or call Taina Steinberg at 415.856.0939 ext. 102.

CYO Athletics: Building Strong Futures

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CYO Athletics in Marin provides a school-year program to 12 parish schools which include St. Anthony, St. Anselm, Our Lady of Mt. Carmel, St. Cecilia, St. Isabella, St. Hilary, Our Lady of Loretto, Sacred Heart, St. Patrick, St. Raphael, St. Rita & St. Sebastian. Additionally there are 5 programs that serve non-parish schools, including San Domenico School, Mt. Tam Elementary School, North Bay Christian Academy, Marin Waldorf and St. Vincent's School for Boys.

GIVING TO CCCYO

AUTOMOBILE DONATIONS

Donate your car through Auction City – they handle all details, vehicle pick up, and will send you a receipt.

www.vehiclesforcharity.com

DONATE BY SHOPPING

Register your credit cards with eScrip – Catholic Charities CYO benefits every time you shop with participating merchants.

www.escrip.com

“The Marin County CYO athletics program gives elementary and middle school aged children of all backgrounds the opportunity to participate in both a nurturing and competitive environment, which leads to the learning of valuable life lessons for the young people to take on to their adult lives”, explains CYO Athletics Marin Director **Steve Farbstein**.

To learn more about getting your child involved with Catholic Charities CYO Athletics call 415.972.1228 in San Francisco, or 415.507.4237 in Marin.

GUARDSMEN SUPPORT SENDS KIDS TO CYO CAMP

Out of a total of 1,439 youth, 34% who attended CYO Camp in summer 2005 required some form of financial assistance in order to attend camp. Support from The Guardsmen each year provides financial aid to these campers, ensuring that the most needy youth throughout the Bay Area have equal access to the high-quality recreational opportunities and mentorship that are unique to CYO Camp.

Specifically, support from The Guardsmen in 2005 in the amount of \$121,500 brought the personal growth, leadership development, and recreational challenges that CYO Camp offers into the lives of 488 disenfranchised, disadvantaged, and deserving kids. Without The Guardsmen, the campers we serve who rely on financial assistance would not have the means to participate in a summer camp program.

Annual support from The Guardsmen is especially meaningful because it tangibly expresses their enduring commitment to get involved and stay involved as an active participant in young people's lives. Please support The Guardsmen and their fundraising



2006 CALENDAR

Event	Date
Camp Managers Training	June 4-8
Camp Staff Training	June 11-16
Session 1a	June 19-23
Session 1b	June 19-30
Session 2	June 26-30
Family Camp	June 23-25
Alumni Picnic	June 25
Session 3	July 3-12
Session 4	July 15-24
Session 5	July 28-August 6
Session 6	August 9-18

Calendar of Events

November

30 The Guardsmen Christmas Tree Lot opens at Fort Mason

December

1 – 18 The Guardsmen Christmas Tree Lot, Fort Mason

February

6 Martinis & Jazz
Cocktail reception and live Jazz at Shanghai 1930 raises funds for HIV services

Info & tickets: 415.972.1200 or www.ccyo.org

May

1 47th Annual CYO Golf Tournament
The oldest charity golf tournament in the Bay Area raises funds for CYO Youth Programs. Golf, Reception, Dinner and Awards Ceremony at Sharon Heights Golf & Country Club and Stanford University Golf Course

Info & Tickets: 415.972.1266 or www.ccyo.org

TBD 9th Annual Loaves & Fishes Awards Dinner
Reception, dinner and awards ceremony raises vital funds for Catholic Charities CYO programs

Info & tickets: 415.972.1200 or www.ccyo.org

June

19 – 30 CYO Camp Sessions

23 – 25 2nd Annual CYO Camp Alumni Day & Family Weekend
Alums are invited to stay for the day or for the family weekend.

Info: Kathy Swallow: 415.972.1275 or kswallow@cccyo.org
Info & Registration: 707.874.0240

Getting More Young People In the Game

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- Retaining the 20-50 new low-income students we recruited at each of the schools the previous year
- Serving a total of 1,768 youth through CYO sports at the 12 designated schools
- Making sure that each of the schools had the resources they needed for equipment and uniforms
- Leasing gym space at Serramonte del Rey in Daly City and Mission Dolores gym in the Mission District to provide space for practices and games for the designated schools.

In addition to funds from Team-Up in the amount of \$25,000 in 2005, Catholic Charities CYO allocated its own resources to get the new CYO gym at Serramonte ready.

Over the past two years, our partnership with Team-Up has also helped CYO Athletics to:

- Provide a more extensive training series to coaches and parents
- Build our internal capacity to support and sustain CYO Athletics by generating opportunities for growth, funding, and other forms of support

If we are fortunate to receive support from Team-Up for Youth again this year, we will focus on providing gym space at Serramonte del Rey and Mission Dolores to benefit the 12 designated schools, as well as expanding this effort by negotiating the use of additional gym space at St. Emydius in the Ingleside District. We will also launch a co-ed summer volleyball league in 2006 that would serve approximately 190 3rd-8th-grade girls and boys (22 teams). Lastly, we will continue our efforts to build our internal capacity to generate critical support for CYO Athletics.



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RETURN SERVICE REQUESTED

Send mailing list corrections to:
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