

CYO today

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Catholic Charities CYO

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YEARS OF SERVICE

continue THE adventure

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By Jim Willford and Rick Garcia

Outdoor Environmental Education returns to CYO Camp

By Jim Willford and Rick Garcia

A new adventure begins at CYO Camp this spring! Our Outdoor Environmental Education (OEE) program encourages students to learn experientially about the natural environment, their role as stewards of the earth, and more about themselves, each other and God—while living and working cooperatively in a community environment. The program is designed to be an extension of each elementary or middle school's science curriculum, making it a fun, educational experience for students in both the outdoors and back in their classrooms.

OEE is structured around four main core curriculum areas: Natural Sciences, Cultural History, Environmental Stewardship and Team Building. The students will immerse themselves in our 216 acre "classroom" and act as nature explorers, sharpening their observation and communication skills.

- Study the skins and skulls of native California mammals in **Mammalian Mayhem** and identify the characteristics and adaptations that aid their survival.

- Mean Green Oxygen Machines** requires students to identify the uses and benefits of the plant world.

- Take our portable microscopes down to Salmon Creek and Lake George for **Microscopic Ponderings** and collect samples to classify the various organisms living in the water.

- Through the **Incredible Journey**, students develop their communication and cooperation skills while working through a series of obstacles focused on major ecological issues that are relevant today.



- In **Extinction Distinction**, students identify the threats of habitat fragmentation, pollution, overuse and global warming on species survival, and also learn to appreciate how interconnected they are to vanishing species.

There are 25 unique classes to choose from, giving schools the opportunity to design a program that will support the curriculum they are covering in their classrooms. All classes are aligned with and meet the California State Science standards and the science and faith framework of the Archdiocese of San Francisco. Students also have the opportunity to participate in all the fun, more traditional CYO Camp activities like hiking miles of beautiful trails, canoeing on Lake George, archery, arts and crafts, and swimming in our two pools.

Schools also have options on the length of their kids' learning experience at our OEE program. Overnight programs are available in three, four or five-day lengths designed for fourth through eighth grade classes. There are also day trip opportunities for kindergarten through third grade classes.

Info & registration: 707.874.0200 or camp@cccyo.org

CONTINUE THE ADVENTURE

Summer is right around the corner and CYO Camp is set to embark on its 62nd season in beautiful Sonoma County. Nestled on 216 picturesque acres amidst coastal redwood groves, CYO Camp holds fast to the values and traditions that have made it an exciting and educational place for tens of thousands of Bay Area youth. CYO Camp's mission is to foster the growth and development of youth through the formation of positive relationships with self, others, nature, and God.

Led by our outstanding staff, campers experience traditional camp activities and opportunities that create a lifetime of memories. Our camper-centered programs are designed to give each child an opportunity to discover new adventures and take on new challenges as they progress year to year through CYO Camp's resident camp programs.

This summer, CYO Camp offers seven exciting sessions aimed at encouraging and expanding our campers' strengths and interests.

- Our **"First Timers Camp"** is for our youngest campers (children entering the 2nd grade). This is a two-day introductory session to camp life, during which children safely explore the camp experience in a shortened timeframe.
- Our **traditional resident camp program** offers four seven-day sessions for our Freestone Village, Middle Earth Village, and Wildwood Village campers, catering to children entering the 3rd through 8th grades. Our traditional camp program focuses on enhancing appreciation for the natural environment, building positive relationships, and

encouraging personal growth as the campers progress through the village programs and experience CYO Camp's values and themes.

- Summer camp 2008 will conclude with two, seven-day sessions of **"Miwok Teen Adventure Camp,"** a specialized program designed to bring out the natural leader in each participant. Our teen campers are taught more challenging outdoor skills, and are simultaneously encouraged to develop a deeper understanding of each individual's environmental responsibility, as well as to broaden their world-views and develop more positive communication skills. Teen campers live in open air cabins apart from the main camp in Miwok Village, a location set among the thickest redwood groves at CYO Camp.

We look forward to seeing new and returning campers this summer as they step off the bus ready to begin their outdoor summer camp adventure!

ROLLING WITH THE TIMES

Even though campers take a step back in time to enjoy good, old-fashioned fun each summer, modern technology is allowing parents to become a part of the sleepaway camp experience in a way that wasn't possible a few years ago. This year CYO Camp is excited to offer a secure picture hosting service on our website, where parents can share some of the fun during their child's camp experience.

Session	Date	Cost
One	June 23-29	\$650
First Timers	July 1-3	\$250
Two	July 6-12	\$650
Three	July 15-21	\$650
Four	July 24-30	\$650
Miwok Teen Camps		
Five	August 1-7	\$650
Six	August 9-15	\$650

Villages/Programs	Grades	Theme
First Timers Session	2 nd	Exploration
Freestone Village	3 rd & 4 th	Community
Middle Earth Village	5 th & 6 th	Stewardship
Wild Wood Village	7 th & 8 th	Friendship
Miwok Teen Adventure Camp	ages 15-16	Adventure
Counselor in Training Program	ages 16-17	Service & Leadership



Since 1946 CYO Camp has celebrated the diversity of our community by making the camp experience available to children who might not otherwise have the opportunity to attend. It is through the generosity of private donors, foundations and The Guardsmen, that camperships have been awarded to more than 30,000 children or approximately 30% of all CYO campers over the past six decades.

CYO Camp sincerely thanks these donors and The Guardsmen, who have an outstanding history of support and partnership with Catholic Charities CYO. For over 60 years, The Guardsmen have been making it possible for underserved youth from all parts of the Bay Area to attend CYO Summer Camp.

register for **cyo summer camp** @ www.cyocamp.org



welcomes...

New Manager of San Francisco CYO Athletics Christine Sellai

Christine brings an unbeatable combination of skills to CYO Athletics. A native San Franciscan, Christine attended Star of the Sea Elementary School where she participated in CYO sports, and played volleyball, basketball, and softball at Mercy High School. While earning her Bachelors Degree from the University of Oregon, Christine began her twenty-year broadcasting career working at local radio stations in Eugene, Oregon.

For the past seven years, Christine has worked as an Assignment Editor at KPIX CBS-5 News in San Francisco. She also spent several years as a member of the Capitol Hill Press Corps in Washington, DC

working as a writer, producer, and assignment editor for various news organizations.

Upon returning to San Francisco in 2001, Christine immediately became involved in the youth sports community including CYO Athletics, Viking Soccer and Little League both in an administrative and coaching capacity. She has served as the Girls Athletic Director at Star of the Sea Parish for five years and also sits on the Advisory Board of CYO Athletics.

Christine's professional experience, coupled with many years of coaching and managing youth sports are a perfect match for CYO Athletics.



Bob Sarlatte, Director of CYO Athletics Courtney Clendinen and Dana Carvey

Dana Carvey performance raises over \$17,000 for CYO Athletics

On September 25, a group of CYO fans, families and friends attended the Cobb's Comedy Club performance of **Dana Carvey** in San Francisco, which raised \$17,000 to benefit CYO Athletics.

As a part of their 25th Anniversary festivities, Cobb's hosted 25 headliners in 25 nights, with each artist designating a portion of the proceeds from their performance to be donated to a local charity. Dana contacted his friend and fellow comic **Bob Sarlatte**, a parish lector at St. Gabriel's and CYO referee, who suggested CYO Athletics as the beneficiary of the performance. Along with Cobbs' donation, Dana generously included his own personal gift to benefit CYO Athletics, for a final combined total exceeding \$17,000!

Most people know Dana as the wildly popular *Saturday Night Live* alumnus whose characters include the Church Lady, George H. Bush, Ross Perot and Jimmy Stewart. His connection to CYO goes back a few years as his own kids played CYO sports while growing up in Marin and he remains grateful for the enjoyment they received from it.

Thank you, Dana! And also a big "thank you" from CYO to Bob Sarlatte and Cobb's Comedy Club!

SUMMER RECREATION LEAGUES 2008

Boys Basketball July 7–August 14

Gaelic Football June 2–July 9

Co-Ed Volleyball May 27–July 3

Girls Basketball July 7–August 14

REGISTER ONLINE @ CYO.CCCYO.ORG

The Olympic Club Foundation Awards \$15,000 to CYO Athletics



Director of CYO Athletics Courtney Clendinen, Olympic Club Foundation's John Abendroth, CCCYO Board Member Nick Andrade, and SF Athletics Manager Christine Sellai with CYO Athletes from Holy Name and St. Anthony-Immaculate Conception

CYO Athletics in San Francisco was awarded a \$15,000 grant from the Olympic Club Foundation, which will enable us to complete renovations to the CYO Gym at St. Emydius parish by purchasing portable volleyball poles and adjustable rims for the basketball court. This grant augments earlier renovations, including replacing the existing floor and adding new bathrooms and bleacher seating, and will go a long way in serving San Francisco youth.

The CYO Gym at St. Emydius provides a safe place to play for over 7,000 youth, hosting over 40 hours of sports programming each week for 40 weeks out of the year, including approximately 1,000 practices and 700 games.

The newly renovated gym provides much-needed recreational space and programming to public-school youth residing in the southeast section of San Francisco and also youth attending low-income parochial schools in San Francisco that do not have their own gyms. The renovated gym will host practices, games, and organized programs, as well as open gym time that serves all children.

HALL of FAME Induction Dinner 2008

The inaugural CYO Athletics Hall of Fame Induction Dinner will recognize three founding Hall of Famers:

- ▶ **Ben Legere**, longtime CYO Official for over 40 years
- ▶ **Bob Drucker**, former CYO player and legendary coach who represents three generations of CYO Athletes
- ▶ **Joanne Hayes-White**, SFFD Chief who was among the first generation of girls to play modern CYO Athletics

The dinner also celebrates the Diamond Jubilee of San Francisco CYO Athletics' legacy of leadership as it continues its tradition of providing healthy growth and development opportunities for Bay Area youth.

Hosted by actor and comedian **Bob Sarlatte** at the CYO Gym at St. Emydius Parish in San Francisco, the evening acknowledges both individual accomplishments as well as the dedicated San Francisco CYO Athletics community. Join attendees from Catholic parishes, CYO parents, local sports figures, and civic leaders as we recognize the dedicated San Francisco CYO Athletics community 2008 Inductees.

Info, Sponsorship & Tickets: 415.972.1252 / cyo.cccyo.org



Friday, March 7
Reception 6:30 PM
Dinner 7:00 PM



CYO RETREAT CENTER

a place
for parishes
to gather

By Mary Schembri

When my kids were in the 7th grade and attending their class Confirmation retreat, I was always one of the first to sign up to chaperone. Sure, I loved being part of their spiritual growth, but an added draw was the trip to the redwoods near the Russian River. The redwoods are one of God's most spectacular creations—an amazing place to feel a part of nature as you reflect on your life and dreams. At the end of the retreat day, we would sit in the great hall, in front of the roaring fire, and reflect on the events of the day with our children and friends—it doesn't get any better than that.

In fact, each year after Thanksgiving, **Msgr. Mike Harriman**, Pastor of St. Cecilia's in San Francisco, takes 250 parishioners to the CYO Retreat Center in Occidental for their parish retreat. I asked for his impressions and he spoke in poignant and reverent tones. He said the parish

is a microcosm of the city and our larger world—all of the stresses we face everyday, are present in our own parish community. You can get away from that and immerse yourself in the peace and beauty of the redwoods. Some kids have never seen redwoods that soar hundreds of feet; have never seen a million stars at night, away from the city lights; have never canoed on a lake or taken a hike in the woods. They are truly amazed at the contrast to city life. It provides our parishioners an environment of reflection, freshness and community.

If you are planning your class or parish retreat, CYO Retreat Center should be at the top of your list.

CYO welcomes...

New Associate Director of CYO Camp Rick Garcia

Rick comes to CYO Camp with extensive experience in camp development, fundraising, and accreditation. Before he and his wife **Hilary** relocated from Southern California to beautiful Sonoma County in September, Rick was the Camp Director for eight years St. Vincent de Paul's Circle V Ranch in Santa Barbara, California. He began his camp career working for Woodcraft Rangers at Stanley Ranch in the Los Angeles foothills.



After his first camp experience in the 6th grade, Rick knew he wanted to manage a summer camp when he got older. "Camp can have a powerful impact on kids," he remarked. "I experienced that impact when I was young and now it's important to me to maximize that experience for the youth attending camp today."

Rick's background and energy make him the ideal person to build upon and enhance camp's current programs and traditions. He joins **Jim Willford**, the Executive Director of CYO Camp and Retreat Center, in leading CYO Camp and furthering its mission of spiritual development, diversity and fostering an appreciation for nature in youth. On his new position, Rick says, "I consider it a privilege to work with kids in such an important way—to provide a positive outdoor experience that transforms their lives. I'm also so appreciative to be working alongside such talented and professional staff."

CALENDAR april

11.....

11th Annual Loaves & Fishes Awards Dinner
Westin St. Francis Hotel, San Francisco
Reception, Dinner and Awards Ceremony honoring 2008 awardees for their extraordinary charitable works in our community and raising vital funds for Catholic Charities CYO programs.
Info: 415.972.1232/www.cccyo.org

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Catholic Charities CYO Loaves & Fishes Sunday
Once each year, all parishes in the Archdiocese of San Francisco take a special collection for the benefit of Catholic Charities CYO programs and services. As Catholic Charities CYO is not funded by the Archbishop's Annual Appeal or directly from the Archdiocese, we ask that you please attend mass and give as generously as possible during this special collection.
Info: 415.972.1227/www.cccyo.org

may

5.....

49th Annual CYO Golf Day
Sharon Heights Golf and Country Club & Stanford University Golf Course, Palo Alto
The oldest charitable golf tournament in the Bay Area celebrates fellowship, sport and philanthropy with a singular group of celebrities, business leaders and CYO supporters at two of the most desired California golf courses. The tournament raises essential funds for CYO Camp operations and scholarships.
Info: 415.972.1233/www.cyogolfdays.org

june

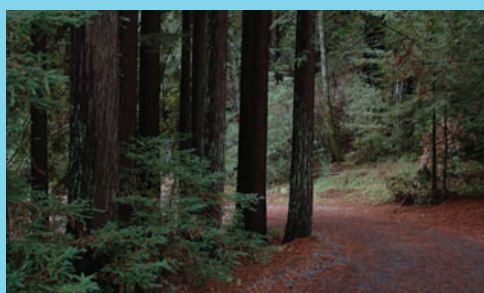
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Red House Mecca, San Francisco
A festive evening commemorating 23 years of service to the HIV/AIDS community and raising crucial funds for Catholic Charities CYO programs for those living with disabling HIV/AIDS.
Info: 415.972.1213/www.cccyo.org

The CYO Retreat Center is located amidst 216 acres of towering redwood forest and open meadows in historical western Sonoma County, just six miles from the Pacific Ocean and a short walk from the town of Occidental.

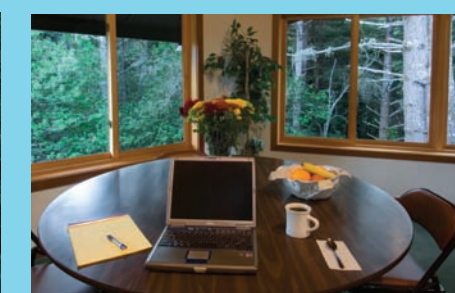
Reserve Now! CYO Retreat Center 707.874.0210

The Center is ideally situated for retreats, meetings, conferences, leadership trainings, weddings, and family gatherings. A limited number of luxurious "Day House" apartments are available for lease, offering full kitchen, living room, and separate bedrooms and baths.



CYO Retreat Center facilities include

- ▶ 6,000 square foot lodge with surrounding decks and multiple conference rooms
- ▶ 24 heated cabins, housing up to 12 people each
- ▶ Wireless internet capability in the main lodge, small meeting lodge, and "Day House" apartments
- ▶ Two full-sized pools
- ▶ Easily accessible, modern bathhouses
- ▶ Fully equipped and staffed main kitchen, ready to prepare a wide selection of meals for up to 250 people
- ▶ Large redwood amphitheater/chapel, accommodating up to 300 guests
- ▶ Recreational sports facilities, including playing fields, wooded hiking trails, horseshoe pit, and basketball and volleyball courts
- ▶ Archery, canoeing and teambuilding courses facilitated by CYO Camp staff



49TH ANNUAL CYO GOLF DAY

MAY 5, 2008

PLEASE JOIN US FOR A
GREAT DAY ON THE LINKS AND
HELP US RAISE ESSENTIAL
FUNDS FOR CYO CAMP

SHARON HEIGHTS GOLF & COUNTRY CLUB
STANFORD UNIVERSITY GOLF COURSE

INFO: 415.972.1233
WWW.CYOGOLFDAY.ORG

Catholic Charities CYO Programs

San Francisco County *Family & Children's Services* Adoption Information and Referral • Children's Village Child Development Center • CYO Athletics – San Francisco • Homelessness Prevention Programs • Refugee and Immigrant Services • Mission Day Care • Rita da Cascia • San Francisco Counseling Services • San Francisco Boys and Girls Homes • St. Joseph's Family Center • Treasure Island Supportive Housing *Senior Services* Alzheimer's Day Care Resource Center • Geriatric Care Management • OMI Senior Center • San Francisco Adult Day Services *Assisted Housing and Health Services* Assisted Housing and Health Programs • Derek Silva Community • Leland House • Peter Claver Community **Marin County** *Family & Children's Services* Canal Family Support Program • CYO Athletics – Marin • Marin County Counseling Services • St. Vincent's Foster Family Agency • St. Vincent's School For Boys *Senior Services* Marin Aging Services • Meals on Wheels **San Mateo County** *Family & Children's Services* San Mateo County Counseling *Senior Services* San Carlos Adult Day Services • Meals on Wheels **Archdiocese-wide** CYO Outdoor Environmental Education • CYO Retreat Center • CYO Summer Camp • CYO Transportation • Information and Referral • Parish and Community Response



Catholic Charities CYO

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Send mailing list corrections to:
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